**Life Team Notes – week of 11/11/18 Spiritual Warfare**

Ephesians 6:12, Colossians 2:13-15, John 16:33, 1 Corinthians 15:55-57, Romans 8:37-39, Ephesians 6:13-17

**7 tools of our spiritual war - 7 things every believer is assigned & equipped**

**1. The truth belt – v14**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ everything and is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to everything.

You’ve got to get to where no matter what - this (bible) is right!

Satan’s attacks of lies are foiled by the truth of Jesus!

**2. The righteousness breastplate – v14,** 2 Corinthians 5:21

This protects my chest, vital organs, my \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and what’s \_\_\_\_\_\_\_\_\_\_\_\_

**3. Gospel shoes – v15**

\*Roman Cleats - Designed to not only to keep you steady.

Jesus give us sure footing during \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**4. The faith shield – v16**

Ancient shields were created to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ - to form a giant barrier. We are meant to link together, to be part of the church.

**5. The salvation helmet – v17,** 2 Corinthians 10:3-5, Philippians 4:8-9

The helmet protects the mind and absorbs the blow. This is about putting on

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ over our circumstances.

**6. The Spirit Sword (God’s Word!) - v17, Hebrews 4:12**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to overcome Satan is directly related to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**7. Prayer! Our voice – v18**

Praying out loud moves you past just thinking about things and moves you into a place where you are confessing the truth of God and proclaiming it by faith over your life and every situation.

**Take home –**

We cannot fight in our power - But with God's authority

Fighting in our own power we lose. Read Acts 19:13-16. What happens when we try to fight the enemy without Jesus?

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**Life Team Notes – week of 10/28/18 Spiritual Warfare**

* Have you ever been in a physical fight? What was it about? Did u win?
* What stood out the most for you from this past weekend’s message?
* When you heart the phrase “Spiritual war” what do you think of?

**Ephesians 6:12**

* Who is the enemy? Satan and his fallen spirit (demons)
* What is the enemy trying to accomplish?
* Do you think people tend to overemphasize or under emphasize this?

**Colossians 2:13-15, John 16:33, 1 Corinthians 15:55-57, Romans 8:37-39**

* What do these verses tell us about the winner? We have already won!!
* How did Jesus do it?
* Why do we tend to walk around defeated instead of in victory?

**Ephesians 6:13-17**

* When you hear “spiritual armor” what come to mind?
* What stands out to you from that passage?

**Paul talks about 7 tools of our spiritual war - 7 things every believer is assigned & equipped with to combat the enemy’s attacks in our life.**

**1. The truth belt – 14 …with the belt of truth buckled around your waist…**

**Holds up everything and is connected to everything.**

* Who is the truth? Jesus (John 14:6) His truth, his perspective, his word - holds it all together! This is about Jesus being at the core of everything.

**You’ve got to get to where no matter what - this (bible) is right!**

**Satan’s attacks of lies are foiled by the truth of Jesus!**

* How do we tend to shape our opinions if we are not rooted in Jesus words, love, and purpose? (by our feelings, culture, circumstances).
* What happens when we care more about others opinions than Gods?
* Do you believe this (the bible) is true? That it’s absolutely true? Why?

**2. The righteousness breastplate – 14 …breastplate of righteousness…**

**This protects my chest, vital organs, heart - what’s inside me.**

* According to **2 Corin. 5:21** – where does our righteousness come from?

We are righteous in Jesus alone. We are covered in Christ’s righteousness purchased by his blood; this piece is blood covered!

* How does the enemy try to attack us with out past?
* How can knowing that our past is covered by the blood of Jesus, be so amazing and freeing?

**3. Gospel shoes – 15 …feet fitted with the readiness of the gospel of peace.**

**\*Roman Cleats - Designed to not only to keep you steady. Jesus give us sure footing during difficult times and seasons.**

* When you are walking through a valley, tough times – how can Jesus be a defense and help?
* This verse is also about taking the peace of Jesu to others during difficult times. How can we bring Jesus to others when times are hard?

**4. The faith shield – 16 …take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.**

* What do you think the enemy’s flaming arrows are?
* How does he fire at us?

**Ancient shields were created to link with other solders - to form a giant barrier. We are meant to link together, to be part of the church.**

* How does being connected with other Christians make you stronger?
* How does it defend us from the attacks of the enemy?

**5. The salvation helmet – 17 Take the helmet of salvation…**

**The helmet protects the mind and absorbs the blow –This is about putting on the perspective of Christ over our circumstances.**

* How do you think the battle is fought in our mind?

**2 Corinthians 10:3-5, Philippians 4:8-9**

* What do these passages say about combating the enemy in our mind?
* What do you think 2 Corinthians 10:5 means?
* How might having and confessing the perspective of God combat the enemy?

**6. The Spirit Sword - 17 …the sword of the Spirit, which is the word of God.**

**God’s word! Heb 4:12 Word of God is sharper than any two-edged sword.**

* How does knowing scripture help us to defeat the enemy in our life?
* Many know about the bible, have a bible, are familiar with the bible – but never read it. Is that helpful to combating the enemy?

**You need to know this word and master this the best you can. Your ability to overcome Satan is directly related to your use of God’s word!**

**7. Prayer! - Our voice is a weapon against the enemy.**

**Eph 6:18 And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people.**

* Can the enemy read a Christians thoughts? Not according to the bible
* How does praying out loud make a difference? Why is this important?
* Ephesians 6:18 says to pray on all occasions. This is about developing a life of prayer. What do you think that looks like?

**Praying out loud moves you past just thinking about things and moves you into a place where you are confessing the truth of God and proclaiming it by faith over your life and every situation.**

* What part of the armor do you need to recognize today the most?

**Prayer requests –** have people pray for their own prayer requests, unless they are asking for something about themselves.

**Take home –**

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Fighting in our own power we lose. Read Acts 19:13-16. What happens when we try to fight the enemy without Jesus?