**Life Teams – week of 9/16 – Learning to Walk**

**Develop**

* What is one thing that you would like to grow better at?
* Do you feel like you have spiritually matured in proportion to my years as a Christian? Why do you feel that way?
* If you could mature in a particular area of your spiritual life what would it be?
* Sunday, we learned that spiritual maturity is a process that happens over time not overnight. If that helpful for you to know? Why?

**Digging**

* What are the top five things you find yourself praying for

Paul gives a deep hearted prayer for their maturity - Read **Eph 3:16-21**

* What stand out to you as you read that?

**Four things to pray for in our maturity.**

1. **Pray for inner strength, v.16.**
* What are some ways we can use inner spiritual strength?
* What is the source of our spiritual strength? The Holy Spirit specifically.

**Acts 1:8, Acts 4:31, Galatians 3:5, Luke 11:13**

* What do those verses tell us about God’s power in us?

1. **Pray for continual faith, v.17a.**

A pray for the continual dwelling of Christ

This is about a continual growth and pursuit of Christ.

* Is it possible to always be growing in Christ?

Yes – even in a dry wilderness we are growing by our faith, especially when we are not receiving or hearing anything from God. That is our faith!

* How is that we can grow so much during difficult time?
1. **Pray to understand God’s goodness and love, v.17b-19a**

Pray for a deep grasp of Christ’s love

* How can we know something that is beyond understanding or knowledge?
* What does this verse tell us about God’s love and commitment?

Romans 8:38-39

* How important is it to know daily that God is good and loves you? Why?
* Is Christ love without boundless? Explain.

**At the core of all we know about God – we must establish and hold tight to this,**

**God is good and loving. We must know this or everything else falls apart.**

* As you grow in life and with God things are hard to understand, our faith is tested, our steps may stumble, we may wander, we may doubt, we may struggle… does God still love us?

When you stumble and wonder if God still loves you – look to the cross. His blood says yes!

1. **Pray To understand God’s provision in us, v.19b.**

Pray for the knowledge of God’s abundance in you.

* Have you ever felt like you needed more – but can’t put your finger on it?
* Why do we often struggle with discontentment?
* Do you ever wonder if you have what it takes to live for Jesus?

Read **Ephesians 3:19** - again

* What does Paul tell us here?

**If you are a follower of Jesus Christ – you have everything you need in you to live for Christ – though the Holy Spirit. Paul says I pray you understand that you are have all you need you are full to the top!**

Read **2 Peter 1:3-4, John 10:10**

**Four things to pray for tonight**

* + For inner strength
	+ For faith
	+ To understand God’s goodness and love
	+ To understand God’s provision
* Which one do you need most tonight?
* What is the result of prayers like these – Read **Eph 3:20-21**

We will see what God can do: “More than all we ask or imagine – in us”

**Deeper - Take Home**

Read Psalm 103 – rewrite using your own words.

Each day use the four prayers to examine your own heart

Each day will you pick a different friend and pray these petitions for them

Begin your list of who you will pray for

**Life Teams – week of 9/16 – Learning to Walk**

**Digging**

Eph 3:16-21

**Four things to pray for in our maturity.**

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1. **Pray for the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ v.17a.**

Ephesians 3:17

1. **Pray to understand \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ v.17b-19a**

Ephesians 3:17-19, Romans 8:38-39

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