**Understanding Your Spiritual SHAPE**

* Have you ever struggles with feeling valuable and important? How or why?

Psalm 139:13-16

* What do those verse tell you about yourself? You are shaped by God for a purpose - You are unique - You are wonderfully complex

**Before we can know our gifts, we must know this…**

1. **The number one thing in your life that you are to be about is – Know Jesus**

Matthew 22:36-39

That is our #1 goal in life – this is why we were born – is it why we breathe!

1. **Everyone has a gift given by God**

Ephesians 4:7, Romans 12:6-8, 1 Peter 4:10, 1 Corinthians 7:7

Knowing Jesus, we are to acknowledge where our talents come from. They all come from God above - all of our positive traits, abilities, & passions.

* Are our talents the same? No
* What are some examples? Sing, speak, cooking, Art, etc.
* What are you good at? Have some share

1. **Your gifts are not your purpose**

Our purpose in life is to bring God glory!!

* Is our purpose in life is not defined by your abilities? No - Your purpose in life never changes though our abilities may. This is important - gifts and abilities may change – our purpose will not.

1. **Your purpose is not your mission**

This is our mission - Mark 16:15, Matthew 28:19, Acts 1:8

Your dream or “calling” in life is not your mission in life. Remember your mission is to make him known. Our mission is to build the kingdom of God.

* Is a Christians mission the same for all of us? Yes
* What are some platforms for our mission? Designer, mechanic, pastor, missionary, mom, singer

1. **Your mission is not your destiny**

This is our destiny - Romans 8:29, Philippians 1:21, Ephesians 2:10, 4:22-24

God’s destiny for us is to become like Jesus – that is what he desires in us.

* Why do you think God’s destiny for us important to know?

Who you are becoming is more important than what you are doing!

The greatest verse (Matt 22:34) – **This is our purpose** – to know / love / glorify God

The great command (Matt 28:19) – **This is our mission / calling** – to tell the world

The great giftings (Ephesians 4:7) – **This is our platform** – our abilities

The great challenge (Romans 8:29) – **This is our destiny** – to look more like Jesus

The great process (Hebrews 6:1-3, 2 Peter 3:18) – **This is our goal** – maturity

* Which of these are eternal?

Regardless of changes in life – our purpose is eternal! To glorify God!

**KNOWING YOUR S.H.A.P.E. - 5 things that us give insight into our mission**

**S** – Spiritual Gifts (spiritual gifts from God to you – spiritual abilities)

Romans 12:4-8, Ephesians 4:7-13, 1 Corinthians 12:4-12

**Three Categories of Spiritual Gifts**

* **Motivation Gifts** (Giving, admin, service, speaker / teacher, encouragement, mercy, perception, etc.)
* **Ministry Gifts** (Pastors, teachers, prophets, apostles, evangelists)
* **Manifestation / Miracle Gifts** (Wisdom, Faith, knowledge, healing, miracles, discernment, tongues - Supernatural gifts)

**H –** Heart (your motivations, desires, and interests)

Matt. 12:34, Proverbs 4:23

**A –** Abilities (talents, skills, natural abilities)

Exodus 31:3

**P –** Personality (Our differences as people, unique traits)

Psalm 139 (read at take home)

**E –** Experiences (Good experiences and bad – things that shape our passions)

2 Corinthians 1:3-4, Romans 5:2-4

**QUESTIONS TO ASK YOUR SELF:**

1. What are your passions?
   * What makes you laugh / cry / if you could do anything in life?

* What energized you as a child?

1. What would you work on or do for free?

* If you were given a pay cut and still would do it.
* Letting go of your financial goals in order find your calling.

1. What am I good at?

* Something I do well that I can offer or teach others
* This is confirmed by others

1. Are you using your spiritual gifts and talents for the kingdom?

* How or why not?

**How to discover your Gift’s**

* Make Jesus Lord of your life
* Ask God, He will show you - James 1:5
* Understand your SHAPE (strength and weaknesses)
* Accept that others will confirm it
* Realize all gifts are important – you are a part of a wonderful puzzle

**Take home – or do together for fun**

Test can be taken on your mobile device

**Spiritual gifts test -** Test yourself and learn more

[www.giftstest.com](http://www.giftstest.com)

[www.ministrymatters.com/all/entry/4640/spiritual-gifts-discovering-and-using](http://www.ministrymatters.com/all/entry/4640/spiritual-gifts-discovering-and-using)

<https://gifts.churchgrowth.org/spiritual-gifts-survey/>

**Ministry Leadership test**

[www.fivefoldministry.com](http://www.fivefoldministry.com)

[www.5voices.com](http://www.5voices.com)

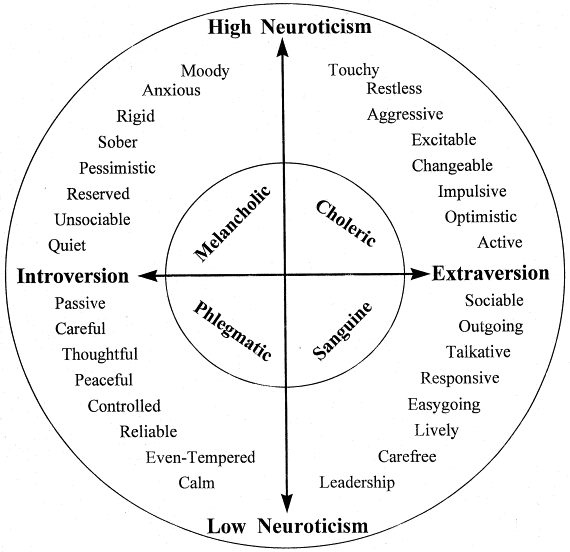
**Personality and ability tests** – helpful to know your SHAPE

[www.123test.com](http://www.123test.com)

**Temperaments test**

[www.temperaments.fighunter.com](http://www.temperaments.fighunter.com)

* Choleric (aka - Lion / Dolphin / Idealist)
* Sanguine (aka - Otter / Kangaroo / Artisans)
* Melancholy (aka - Beaver / Wombat / Guardians)
* Phlegmatic (aka - Golden retriever / Eagle / Rational)

[](http://www.google.com/url?sa=i&rct=j&q=temperament+types&source=images&cd=&cad=rja&docid=wXScIRaBcdI7BM&tbnid=G-g2gNg8o1tXDM:&ved=0CAUQjRw&url=http://www.sciencedirect.com/science/article/pii/S0191886900002117&ei=t_F2UcTOH_PE2QWk7oHoAg&psig=AFQjCNFO_SDkyoa00UmWQNIzyUMQ_lEsuQ&ust=1366834142784954)

**Understanding Your Spiritual SHAPE**

**Before we can know our gifts, we must know this…**

Psalm 139:13-16

* **The #1 thing in your life that you are to be about is – \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Matthew 22:36-39

* **Everyone has \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ given by God**

Ephesians 4:7, Romans 12:6-8, 1 Peter 4:10, 1 Corinthians 7:7

* **Your gifts are not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Our purpose in life is to bring God glory!!

* **Your purpose is not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Mark 16:15, Matthew 28:19, Acts 1:8

Our mission is to build the kingdom of God.

* **Your mission is not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Romans 8:29, Philippians 1:21, Ephesians 2:10, 4:22-24

God’s destiny for us is to become like Jesus.

The greatest verse (Matt 22:34) – **This is our purpose** – to know / love / glorify God

The great command (Matt 28:19) – **This is our mission / calling** – to tell the world

The great giftings (Ephesians 4:7) – **This is our platform** – our skills / abilities

The great challenge (Romans 8:29) – **This is our destiny** – to look more like Jesus

The great process (Hebrews 6:1-3, 2 Peter 3:18) – **This is our goal** – maturity

**KNOWING YOUR S.H.A.P.E. - 5 things that us give insight into our mission**

**S** – \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (spiritual abilities)

Romans 12:4-8, Ephesians 4:7-13, 1 Corinthians 12:4-12

**Three Categories of Spiritual Gifts**

* **Motivation Gifts** (Giving, admin, service, speaker / teacher, encouragement, mercy, perception, etc.)
* **Ministry Gifts** (Pastors, teachers, prophets, apostles, evangelists)
* **Manifestation / Miracle Gifts** (Wisdom, Faith, knowledge, healing, miracles, discernment, tongues - Supernatural gifts)

**H –** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (your motivations, desires, and interests)

Matt. 12:34, Proverbs 4:23

**A –** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (talents, skills, natural abilities)

Exodus 31:3

**P –** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Our differences as people, unique traits)

Psalm 139 (read at take home)

**E –** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Good experiences and bad)

2 Corinthians 1:3-4, Romans 5:2-4

**QUESTIONS TO ASK YOUR SELF:**

* What are your passions?
* What makes you laugh / cry / if you could do anything in life?
* What would you work on or do for free?
* If you were given a pay cut and still would do it.
* What am I good at?
* Something I do well that I can offer or teach others – confirmed by others
* Are you using your spiritual gifts and talents for the kingdom?
* How or why not?

**How to discover your Gift’s**

* Make Jesus \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, He will show you - James 1:5
* Understand your SHAPE (strength and weaknesses)
* Accept that others will \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Realize all gifts are important – you are a part of a wonderful puzzle

**Take home – or do together for fun**

Test yourself and learn more - Tests can be taken on your mobile device

**Spiritual gifts test -**

[www.giftstest.com](http://www.giftstest.com)

[www.ministrymatters.com/all/entry/4640/spiritual-gifts-discovering-and-using](http://www.ministrymatters.com/all/entry/4640/spiritual-gifts-discovering-and-using)

<https://gifts.churchgrowth.org/spiritual-gifts-survey/>

**Ministry Leadership test**

[www.fivefoldministry.com](http://www.fivefoldministry.com)

[www.5voices.com](http://www.5voices.com)

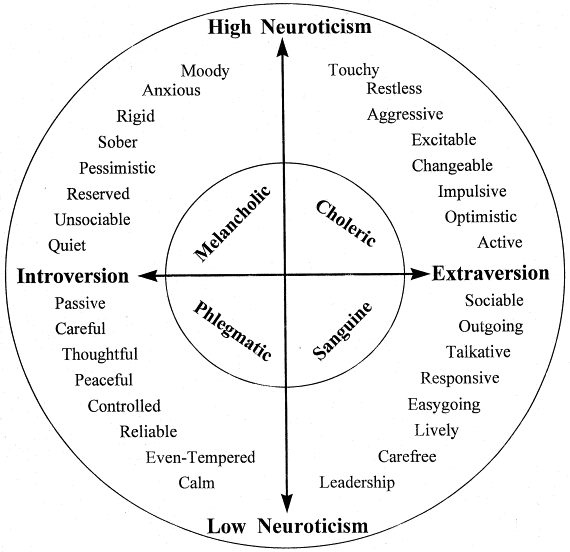
**Personality and ability tests** – helpful to know your SHAPE

[www.123test.com](http://www.123test.com)

**Temperaments test**

[www.temperaments.fighunter.com](http://www.temperaments.fighunter.com)

* Choleric (aka - Lion / Dolphin / Idealist)
* Sanguine (aka - Otter / Kangaroo / Artisans)
* Melancholy (aka - Beaver / Wombat / Guardians)
* Phlegmatic (aka - Golden retriever / Eagle / Rational)

[](http://www.google.com/url?sa=i&rct=j&q=temperament+types&source=images&cd=&cad=rja&docid=wXScIRaBcdI7BM&tbnid=G-g2gNg8o1tXDM:&ved=0CAUQjRw&url=http://www.sciencedirect.com/science/article/pii/S0191886900002117&ei=t_F2UcTOH_PE2QWk7oHoAg&psig=AFQjCNFO_SDkyoa00UmWQNIzyUMQ_lEsuQ&ust=1366834142784954)